



FEED THE NEEDY · MEMPHIS · SINCE 1994

Put a Family Back on the List.

Funding cuts dropped 3,300 Mid-South families from holiday food boxes this year. You can fix that today.

- Two full boxes per family - a turkey, fresh produce, and pantry staples. A real holiday dinner for four to six.
- Every Easter and every Thanksgiving - volunteers start packing at 3 a.m.
- 32 years strong - founded by Ruth Rawlings-Banks at Cargill's Memphis corn plant in 1994.
- 501(c)(3) tax-deductible - EIN 90-0983595. Every dollar goes to food.

THE FASTEST WAY TO GIVE

Zelle: (901) 482-1114

Also: PayPal at [feedtheneedy1994.org](https://www.feedtheneedy1994.org) · Check to P.O. Box 2067, Memphis, TN 38101
Union locals, congregations & businesses: call to sponsor a distribution.

Feedtheneedymhm2@gmail.com · A Labor Education community partner



Scan for every way to give, the videos & Ruth's full story
laboreducation.org/feed-the-needy

Feeding the Mid-South since 1994 · Labor Education · Memphis & West TN CLC