



CAREGIVER SUNDAY

A Word for Our Caregivers

— *to be read from the pulpit* —

Church family, before we leave today, I want us to see somebody.

Somebody in this room got up before dawn to bathe, dress, and feed a loved one before they could even think about themselves. Somebody here works long shifts caring for other people's parents and grandparents — for a paycheck that doesn't match the love they pour out. Somebody here is a daughter, a son, a husband, a wife, a grandmother — carrying a whole household on tired shoulders without a word of complaint.

Scripture tells us to “bear one another's burdens” — and no one lives that word more faithfully than a caregiver.

So today we say to every caregiver among us: we see you. You are not invisible. And you are not alone.

Our friends in the labor movement have built a place to honor caregivers — a Thank a Caregiver Wall, where you can post a word of thanks for a caregiver in your life, and where caregivers can find free support, respite, and resources. Visit laboreducation.org/caregivers, or scan the code below.

This week, find a caregiver. Call their name. Tell them thank you.

Amen.



Thank a Caregiver Wall + free support lines
laboreducation.org/caregivers

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